

PARANORMAL UNDERGROUND®

Volume 15, Issue 9

September 2022

THE GHOST BROTHERS

Juwan, Marcus & Dalen

THE HOSPITAL
VISIT

DULCE
WARRIORS

HAUNTED
FORT SHERIDAN

ALSO INSIDE:

THE YELLOWSTONE WINGED SNAKEMAN

WHAT IS A SPIRITUAL WALK-IN?

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SEAN CASTEEL

Sean is a freelance journalist who has been writing about UFOs, alien abduction, and many other paranormal subjects since 1989. His writing has appeared in *UFO Magazine*, Tim Beckley's *UFO Universe*, *FATE Magazine*, *Mysteries Magazine*, and *Open Minds Magazine*, among others.

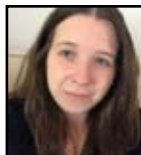


Sean has written or contributed to more than 30 books for Global Communications and Inner Light Publications. His books include *The Heretic's UFO Guidebook*, which analyzes a selection of Gnostic Christian writings and their relationship to the UFO phenomenon, and *Signs and Symbols of the Second Coming*, in which he interviews several religious and paranormal experts about how prophecies of the Second Coming of Christ may be fulfilled.

amazon.com/author/seancasteel

EMMA DUNLOP-WALTERS

Emma has been a paranormal investigator for the past six years. She recently created All Things Paranormal, a group that hosts weekly Zoom meetings for anyone who is interested in the paranormal.



twitter.com/paranormalcomm

KAREN FRAZIER

Karen is a psychic medium and author and cohost of the podcasts *Intention Is Everything* and *Paranormal Underground Radio*. Her published paranormal books include *Higher Vibes Toolbox: Vibrational Healing for an Empowered Life*; *Dark of Night in the Light of Day: The Art of Interpreting Your Dreams*; and *Avalanche of Spirits: The Ghosts of Wellington*.



Karen holds a bachelor's and master's in metaphysical science from the University of Metaphysics and a Ph.D. in metaphysical parapsychology from the University of Sedona. She is an ordained minister/metaphysical practitioner with the International Metaphysical Ministry and a Usui Reiki

Master/Teacher. She has completed courses in energy healing, including quantum touch, crystal healing, sound healing, and aromatherapy.

author.karenfrazier.com

RICK HALE

A native of Chicago, Illinois, Rick has had an interest in anomalous phenomena since having a positive encounter with an apparition at an early age.



He is the deputy editor of *Mysterious Phenomenon* for *Spooky Isles* and is the author of *The Geek's Guide to the Strange and Unusual: Poltergeists, Ghosts & Demons* and *Behold! Shocking True Tales of Terror ... And Some Other Spooky Stuff*. Rick also appeared in *Ghost Tapes 2* and several episodes of *Ghost Tapes The Series* found on YouTube.com.

WILLIE WINDWALKER GIBSON

Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.



Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.

CHERYL KNIGHT-WILSON

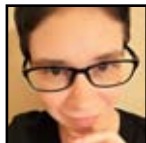
Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine, cohost of the *Intention Is Everything* podcast, and producer of *Paranormal Underground Radio*. She has more than 30 years of experience as a professional writer and editor and has written articles on topics ranging from advanced technology to paranormal phenomena.



Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications and online media.
paranormalunderground.net

MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.



Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.

ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine.



Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

sagegoddess.com

PAUL DALE ROBERTS

Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal. He worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials.



Paul is a journalist for the *Costa Rican Times*, and his articles cover metaphysical topics and paranormal investigative stories. He is co-owner of Halo Paranormal Investigations.
cryptic916.com

T STOKES

TStokes is a holistic palmist and the author of the book *50 Case Studies in Modern Palmistry*. He trained with mediums Doris Collins and Doris Stokes and psychiatrists Henri Rey and Joyce McDougall. He was the first U.K. lecturer on paraspiritual studies, metaphysics, and eschatology. He is now retired and is an occasional consultant.
tstokes.co.uk



CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of ParanormalUnderground.net.



Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, Brushy Mountain State Penitentiary, and private residences among his investigations.

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Have You Had a Paranormal Encounter You'd Like to Share?

If you've had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@live.com. Tell us about your experience, and we may publish it in a future issue.

Your submission can be anonymous!



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EDITORIAL

PUBLISHER

Chad Wilson

EDITOR-IN-CHIEF

Cheryl Knight-Wilson
paranormalunderground@live.com

NEWS EDITOR

Morgan Lineberry

SCIENCE EDITOR

J.D. Harrison

CONTRIBUTORS

Sean Casteel

Emma Dunlop-Walters

Karen Frazier

Rick Hale

Willie Windwalker Gibson

Athena Perrakis

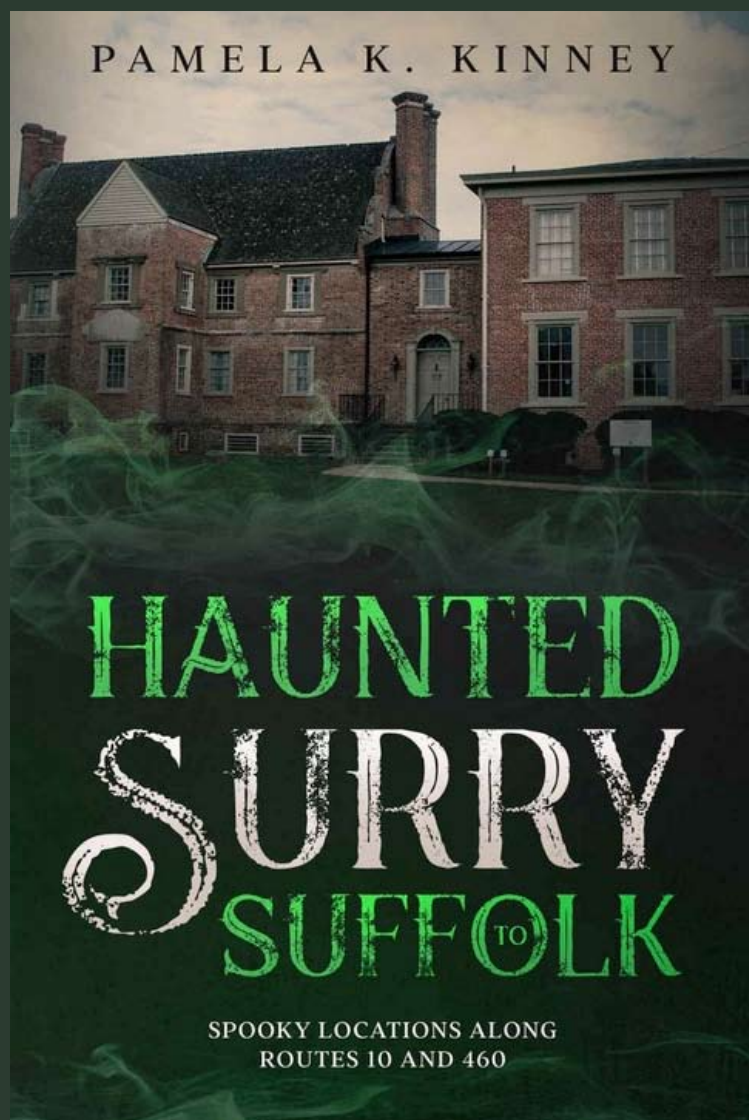
Paul Dale Roberts

T Stokes

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Cheryl Knight-Wilson
paranormalunderground@live.com

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ART DIRECTOR

Chad Wilson

DESIGN AND LAYOUT

Cheryl Knight-Wilson

ON THE COVER

The Ghost Brothers —
Juwan, Marcus & Dalen
(Photo courtesy of Travel Channel)

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UFO CHASE, DEMON SET FREE & GHOSTLY CHILDREN

BY MORGAN LINEBERRY

UFO CHASE CAUGHT ON CAMERA

What could be cooler than witnessing a UFO? How about witnessing multiple fighter pilots chasing a UFO!

According to Imogen Braddick of *The U.S. Sun*, “Stunned tourists spotted two fighter pilots chasing what appeared to be a UFO at high speed over” Acadia National Park in Maine. Alex McCall, a former pilot, and his daughter spotted a tic-tac-shaped object being followed by two aircraft. Alex’s daughter managed to get a video, and he stated that the UFO “couldn’t have been another plane.”

Other tourists and locals saw the chase as well, and Alex’s “kids and grandkids saw it and then heard it” also.



Photo: Alex McCall/Triangle News

the article. Hopefully, if Tamomo-No-Mae is free again, it’s calmed down after its 1,000-year cooling off period!

THE SKINWALKERS OF CANNOCK CHASE

Mike Lockley of *BirminghamLive* explains that skinwalkers are not merely located in Utah, but can be found all over the world, including in Cannock Chase, which is in Staffordshire, England. The news comes from paranormal enthusiast and writer Lee Brickley.



The area Brickley has been investigating is also known for people witnessing black-eyed children; a half-human, half-hog apparition called Pigman; werewolves, and a slew of UFO activity. Brickley is now theorizing that many of these creatures could be one creature — the skinwalker, a demonic entity that has the ability to change shape. He has even entertained the idea that the Pigman might be a skinwalker, as well. Could all of the paranormal activity here really be one entity or one group of entities?

DEMON SET FREE IN JAPAN

Writer Jamie Harris of *New York Post* has some bad news: There may now be a demon loose in Japan. An ancient stone, dubbed the “killing stone,” had kept a malevolent spirit imprisoned for almost 1,000 years ... until now! The stone has split in two, and believers are panicking.



Photo: Twitter/@Lily0727K

“According to mythology, the volcanic rock — officially called Sessho-seki — is home to Tamomo-No-Mae, aka the Nine-Tailed Fox.” Said demon supposedly took the shape of a beautiful human woman and plotted to kill Emperor Toba, who ruled Japan from 1107 to 1123, according to

UFO PHOTO COVER-UP?

What has been dubbed “the most spectacular UFO picture ever captured, and the Holy Grail in terms of hard evidence” has resurfaced after more than 30 years of it being hidden from the public.

In 1990, two young men went for a walk after work near Calvine in Scotland. During the walk, they saw a strange object being followed by



Photo: Sheffield Hallam University/
Craig Lindsay

THE EVERYTHING PARANORMAL SHOW

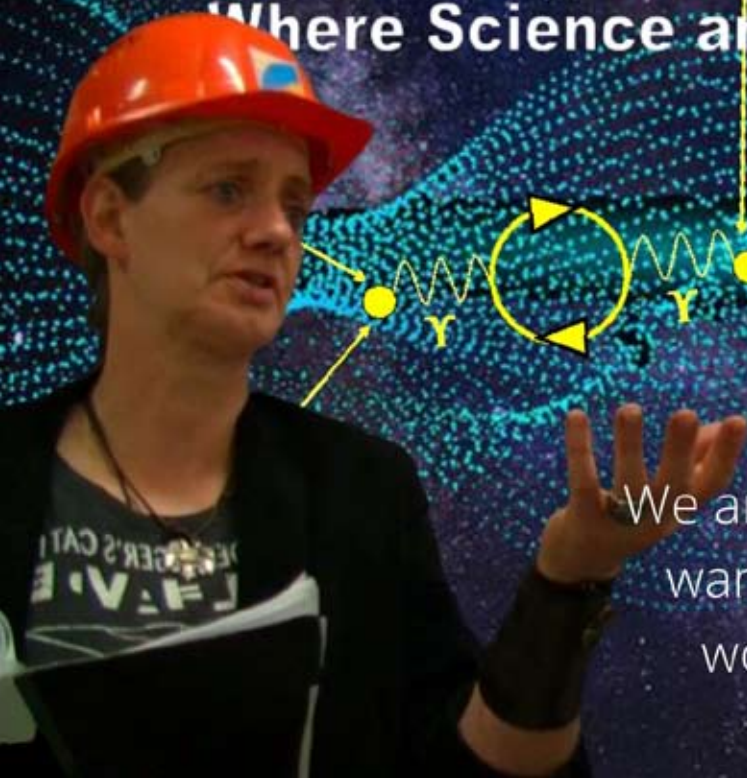
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jet aircraft. So, they stuck a camera out and snapped some photos. What they captured was a large, solid, diamond-shaped object that was about 100 feet in length.

The men turned the photo into the newspaper, but the photo vanished for more than three decades. "The groundbreaking image has finally resurfaced thanks to the efforts of British journalist David Clarke," according to *Newsweek*.

GHOSTLY CHILDREN HEARD IN OLD SCHOOLHOUSE

Recent visitors to Manor Farm inside the River Hamble Country Park in Hampshire in Southeast England got quite a scare, according to Josie O'Brien and Laura Sharman of the *Mirror*. While inside an old school house, ghosthunter Tony Ferguson and fellow investigators heard the disembodied voices of spirit children.



"There were a lot of footsteps and banging noises upstairs that happened on command," Ferguson said. "Then everybody started to hear children." Why are the spirit children still there? Maybe they enjoyed the area as kids and like to drop in from time to time.

EVIL ENTITY TERRORIZES TOWN IN MEXICO

Sources at *Mexico News Daily* state that fear has seized residents of Cocoyoc, Morelos, and caused many to protect their homes by painting white cross-

es on a door or window.

After some residents began hearing strange noises, some claimed they were caused by a nagual, "which in Mesoamerican folk religion is a human being who has the power to transform, or shape-shift, into an animal."



Photo: Mexico Daily News


Residents are staying indoors after 10 p.m. and remain on edge in fear that this evil creature is near and will hurt them. While this may just be superstition, if these practices help them feel safe, then more power to them!

U.S. ACKNOWLEDGES UFO THREATS

According to *Vice* writer Matthew Gault, there is "an addendum to the Intelligence Authorization Act for Fiscal Year 2023," proposing to add more protection for "threats to the United States" and "distinguish between UFOs that are human in origin and those that are not."



Could it be that the U.S. government is finally taking into consideration the potential threat of UFOs after all this time and compounding evidence? The addendum also specifies that these UFOs can move either in the air or underwater, which begs the question of where the threat is coming from: space or right beneath our feet? ♦



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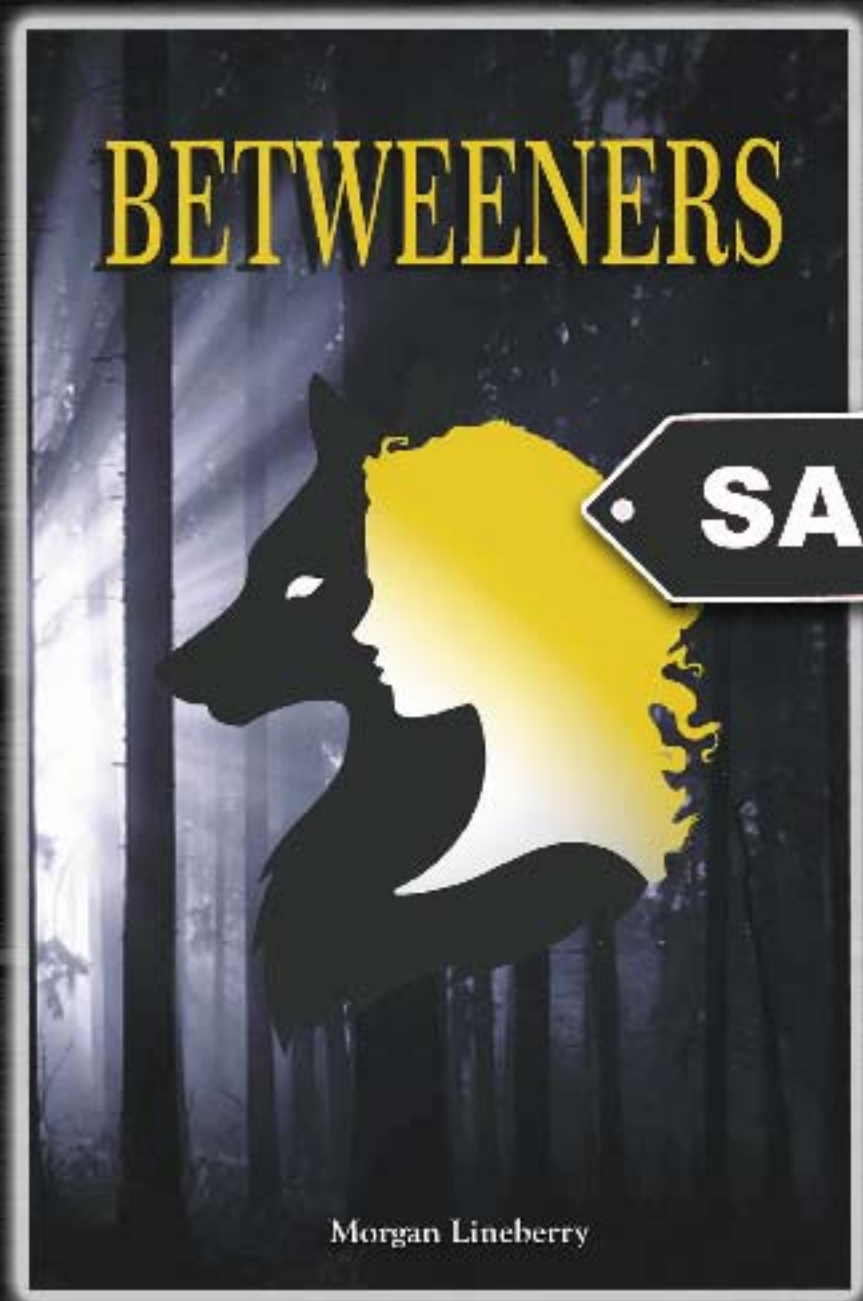
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'THE PURPLE GANG DOCUMENTARY' RELEASES OCT. 27

By Cheryl Knight

We featured Toledo Spirit Hunters, led by Dennis and Maggie Hagan, in our November 2019 issue, focusing on the team's investigations, methods, and evidence. We recently caught up with Dennis about his latest venture: 13th Floor Haunted Media and *The Purple Gang Documentary*.

The documentary follows investigators at three locations in Albion and Clare, Michigan, in an effort to capture intelligent and/or residual energy of the Purple Gang, which used the locations in the 1920s and '30s. The program features interviews, history, and paranormal investigations.

The documentary is set to release in theater in Albion, Michigan, on October 27, and on 13th Floor Haunted Media's [streaming platform](#) on October 28. Read on to find out more ...

* * * * *

Q: How did 13th Floor Haunted Media come about?

Dennis: I developed 13th Floor Haunted Media in 2019 to create my own independent media. I wanted to work with other mediums and investigators and create and feature awesome content together.

Q: Please tell us about *The Purple Gang Documentary*.

Dennis: The documentary will feature the history of the locations the gang used during prohibition. We will also have interviews and paranormal investigations at the locations the gang was known to use.

We want to find out if the spirits of the gang members or its victims are still attached to the property.

Q: Why did you decide to make this documentary?



Dennis: I wanted to do a really big paranormal project, and I was researching a location called the Doherty Hotel in Clare, Michigan. As I was doing my research, I came to find out that the Purple Gang was connected to the hotel.

Once I found that out, I started doing more research on the Purple Gang and came to realize they have more connections to the bootlegging operations in Michigan than Chicago. I knew it would make a great paranormal documentary.



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With ...



Cheryl Knight
*Editor-in-Chief
Paranormal
Underground*



ChuckieG
*Psychic Medium
& Healer*



Karen Frazier
*Author, Psychic
Medium & Healer*

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Q: What can you tell us about some of the evidence you captured during filming?

Dennis: At the Doherty Hotel, we didn't capture any audio evidence or SLS footage, but we did capture some Flux 2 ghost communication device evidence. We were puzzled as to why we didn't get hard audio or SLS footage at an active location. We had wanted to investigate the bar area of the hotel where a shooting took place between Isaiah Leebove and Jack Livingston, but the hotel won't allow anyone to that area.

At the Leisure Hour Club, we experienced both audio and physical evidence. We even had a medium do a walk-through of the Leisure to see if what she picked up on matched what he experienced during our investigation.

We also investigated Cops & Doughnuts shop, which is located in Clare, Michigan. We captured audio evidence, and SLS footage.

Q: What surprised you most during your investigations of the three locations?

Dennis: The Leisure Hour Club surprised us with so much evidence, including audio evidence, physical evidence, and SLS footage. Cops & Doughnuts surprised us with audio evidence and SLS footage. Plus, interesting footage from its security camera will be shown in the documentary.

Q: Tell us about the investigative team you worked with during filming.

Dennis: This whole documentary was filmed by my wife and I. From the interviews to the investigations, we filmed everything ourselves.

Q: Did you accomplish what you intended when you began filming?

Dennis: I feel we haven't accomplished what we wanted yet. The Purple Gang has many secret locations that have yet to be investigated.

Q: We featured your team in our November 2018 issue. What has your team been up to since then?

Dennis: Since my last interview in 2018, my wife and I created a production company that's an

LLC, and we have our own streaming platform. Plus, we own over 100 haunted artifacts in our basement and hope to open a haunted museum here in Toledo, Ohio.

Q: What else should our readers know about the documentary?

Dennis: This documentary has some awesome paranormal evidence and some great people who were part of it. My wife and I had a blast filming and investigating the three locations that choose to be part of it. I can't thank the owners enough for allowing us in to investigate and film.

Q: Any upcoming news your team would like to share?

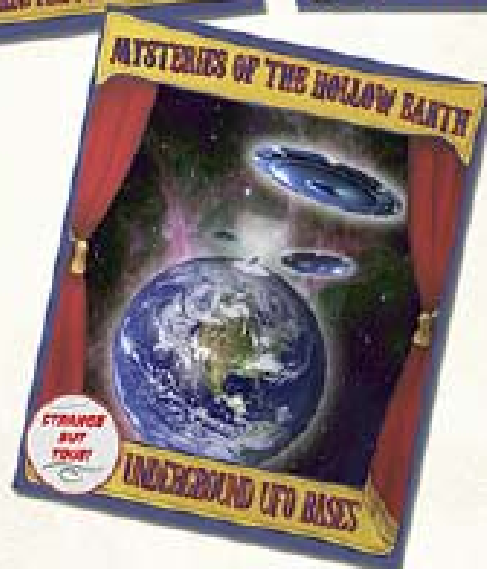
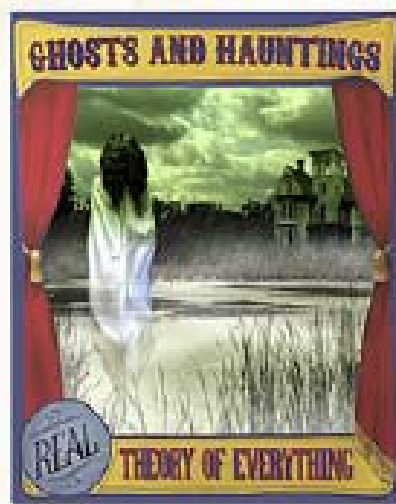
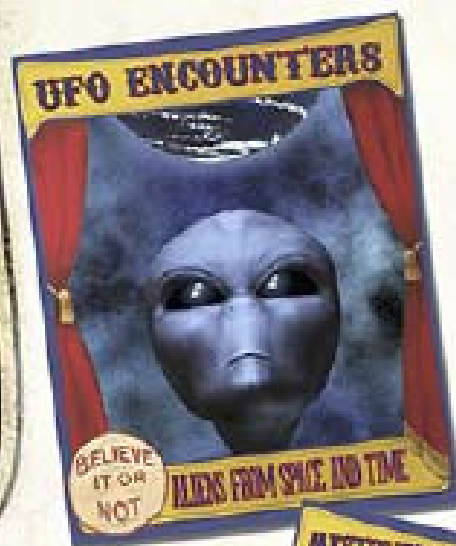
Dennis: We will be releasing Season 2 and 3 of our paranormal series *Awaken the Unknown* next year once we have the documentary released. We are also working on more projects and working with other paranormal investigators to bring more content to our streaming platform.

We are also planning on releasing a part two of *The Purple Gang Documentary* sometime in 2024.

Make sure to check out the trailer of *The Purple Gang Documentary*. And you can find out more about *13th Floor Haunted Media* at 13thfloorhauntedmedia.vhx.tv. ♦

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THE GHOST BROTHERS

Bring a Fresh Approach to Paranormal Investigation

By Cheryl Knight and Karen Frazier



The Ghost Brothers: Marcus Harvey, Juwan Mass, and Dalen Spratt

In 2016, paranormal fans were introduced to a new Destination America ghost-hunting show, titled *Ghost Brothers*. Those who expected the show to be just another formulaic paranormal investigation program with little originality or personality were in for a refreshing surprise.

The first season of the show, which featured Dalen Spratt, Juwan Mass, and Marcus Harvey, presented the audience with an unusual trio of good friends who had virtually no investigative experience but possessed a passion for finding answers to the unknown. Their goal: to help families experiencing paranormal activity in their homes while evolving their spiritual knowledge.

The ensuing journey for both the audience and the Ghost Brothers was fun, engaging, and — at times — downright hysterical. Don't get us wrong. The show features serious paranormal investigators who seek to get to the bottom of unexplained paranormal phenomena, but the chemistry between the trio, their humor, and their fresh

takes on the paranormal make for a special paranormal show recipe.

Since the original launch of the show, which can be seen on demand via the discovery+ streaming platform, the *Ghost Brothers* program has evolved over the years to include spin-off series *Ghost Brothers: Haunted Houseguests* (which moved to Travel Channel in 2019) and *Ghost Brothers: Lights Out*, which will air a new season starting October 7, 2022, on discovery+. The new season of the show features some of the most iconic haunted locations in the U.S., including the Ohio State Reformatory, Bobby Mackey's Music World nightclub, and the Perron family farmhouse, the location that inspired *The Conjuring* films.

Dalen, Juwan, and Marcus recently spoke with us about the show, what drew them to paranormal investigation, their preferred investigative methods, and why representation in media brought the *Ghost Brothers* show to life.

* * * * *



Juwan and Marcus look over the camera monitors at basecamp during their investigation at Ohio State Reformatory in Mansfield, OH. (All photos courtesy of the Travel Channel.)

Q: How did the *Ghost Brothers* show get its start?

Dalen: We've been friends for literally almost 20 years. And back in the day, I was up late one night, and one of the ghost hunting shows was on television. And I didn't see any representation of myself on any of these shows, and I thought it was just an interesting idea to see Black people hunting ghosts.

So, I ran the idea past Juwan and Marcus, and they were on board. So, what started as a simple idea led to us having, so far, a seven-year international journey.

Marcus: We've jumped into kind of expanding the mindsets of even the people who thought that the paranormal was supposed to look one specific way. So, I think that we've done a very good job.

Q: Tell us about your own paranormal journey. Where did it start? What experience set you in motion on this path?

Dalen: I think for me, generally, it's just me growing up in a church. My mother's been a pastor of my church since I was in the third grade. I've always been taught to acknowledge God, the devil, angels, demons, but nothing really outside of that. And that's always left open a wide

spectrum of entities that we don't acknowledge. When the idea dropped that there's no Black people doing it. I guess it just gave us an excuse to seek out those answers.

Juwan: My start was very similar. I'm not a pastor's kid; however, I did grow up in the church. And it's ironic because I wasn't even celebrating Halloween growing up. We went to church on Halloween, and they call it Hallelujah Night. We made our candy, but we weren't out in the streets. We weren't putting on costumes. So, there really wasn't this celebration of Halloween, nor was it like a celebration of paranormal.

To Dalen's point, we never really dabbled outside of the Holy Spirit. And I just felt like as I got older, if there's going to be a "good," so to speak, you've got to have the opposite and there's got to be a "bad." But we were never discussing those things.

After a paranormal experience when I was 12, that's when I realized there was something out there that I couldn't see. And, honestly, it frightened me. And I was just like that's a little bit more than what I've been taught so far. So, I would say that kind of sparked my journey in this genre.

Q: During your investigations, how do you devise



Dalen listens during an interview at an investigation at the Menard House in Galveston, TX.

your plan of attack? What methods do you like the best during your investigations?

Dalen: I think we all have something that we're good at. You know what I mean? I feel like I'm outrageously ... I don't want to say adventurous, because I think it kind of surpasses that. I pretty much would do anything. There's nothing I probably wouldn't do.

And then you have Marcus, who sets boundaries. And he's connected to his spirituality. I just think everybody brings something to the table that's unique. And, yeah, we're a team. We're like the Avengers.

Juwan: Our investigations usually start with prayer. Before every investigation, the three of us typically pray for protection, because we never really know what we're walking into. And that's not just for TV. That's just for our own peace of mind and that we don't bring home anything.

So, it starts there. And as we go on to the investigation, I just like to be open. I really like to try to center myself and find a way to be prepared for whatever energy

that we might encounter. And, the tough part is pushing through when you're actually scared.

We actually go through all of the emotions ... being scared, excited, happy, fearful. But working through all those things is really what makes it exciting. And, to be able to do it with your friends is even better.

Q: So, you're in the moment, you're investigating, you're asking for this activity to show up. But when it happens, how do you deal with it? How do you figure it all out?

Dalen: Well, it was in our earlier days that we would get up out of there, and I must admit that's when we didn't know we were doing. And I blame the network for giving us a TV show without giving us a background check. So, we didn't know what we were doing!

So, we were genuinely scared. I mean, we didn't know what we were doing. We had never seen any of that stuff before. So, people used to judge us and critique us as if we did this in our everyday lives. And I think what made us special is that we didn't have a background in this and



The Ghost Brothers pose in front of Waverly Hills Sanatorium in Louisville, KY, before an investigation.

we came to this wanting to tell the truth ... whether it's right, wrong, or indifferent.

I feel like in the past seven years, you've been able to go on a very truthful journey with the Ghost Brothers. We've never been accused of doing anything fake or fudging evidence. People really, really trust us, and that's just something that we appreciate and we built our reputation on.

Q: You guys have authenticity, and it comes across on the screen. It's nice to watch people investigating the paranormal who actually feel something about it versus just these very calm reactions. Do you feel like you still have really genuine reactions now that you've had this seven-year journey on camera?

Juwan: I would say yes. I think our reactions are even more in depth now that we've had this journey. I think our senses are a little bit more heightened, and we're a little bit more susceptible to what it is that we may be encountering.

So, we're able to react very authentically, but also

informed. And that was the difference between now and when we first got started. I don't think we were really informed in our reactions before.

Q: In your earlier shows, you would ask things like, "Can you sit down on the couch with me?" And then someone would sit down on the couch with you. And that was surprising to you guys and a little bit frightening. Are there things you would have asked for then that you won't ask for now?

Dalen: No, I think we push the envelope now. Back then, we were hesitant. We were like, should we bring out this Ouija board? Now, you've got Juwan opening up dibbuk boxes on live specials.

Juwan: I didn't even know what a dibbuk box was. And I think I immediately regretted it once I did it, because I was so oblivious to what I was doing. But I was just so into doing it at the time. It was weird.

And then after I did it, I was like, I'm not really sure



Marcus, Juwan, and Dalen pose in front of the "Conjuring House" in Burrillville, RI.

what this is about. And we had a demonologist with us, and he's telling me about all these things that this box possesses and what can happen afterwards, I'm like, maybe this wasn't the smartest idea. I immediately had regrets.

Q: Were there any consequences that you've experienced as a result of that?

Marcus: He should have known that it was going to be a regretful thing when they had to bring a demonologist in with the box! That's like saying, "I did not know I was going to get attacked by a tiger!"

Q: But doesn't skepticism come in a little bit in some of these instances, even with the dibbuk box — like you might think, "How bad can it really be?"

Juwan: I would agree with you wholeheartedly. I think that's really kind of what led me to even explore opening it. There was a certain ignorance that I had that had me intrigued, if that makes sense.

Marcus: My grandmother used to say, "Boy, you don't

think fat meat is greasy?" And that's why I don't just try things sometimes ... because fat meat is always greasy!

Q: Dalen, what's your favorite *Ghost Brothers* episode to date?

Dalen: Can I be honest with you? It's going to be coming from the new season. Because this season coming up is wild. We went to some of the most notoriously haunted locations. They are notorious for a reason, and we found out the hard way. So, you've got to tune into this new season, *Lights Out*!

Q: Where can our readers watch the upcoming seasons of *Ghost Brothers* and your other paranormal-themed show *Fright Club*, as well as past shows?

Marcus: Anything you see us in for the next few is going to be with discovery+ and Travel Channel. We have been building so many great things with them for so many years. You'll always find us there, all our episodes — *Fright Club*, *Haunted Houseguests*, *Lights Out*. They believed in us, so we're just trying to kill it.

Q: Do you have a parting message for our readers?

Dalen: We love y'all. Thank you for the support. Please continue to tune in to *Fright Club* and *Lights Out*. We're going to keep making these shows if you keep watching.

Juwan: I just want to say thank you so much. We love you guys. If it wasn't for you, there would be no us. But please continue to tune in. Make sure you check out Ghostober, because there may be a surprise for you guys there.

And be on the lookout for anything that we have going on outside of this. And make sure you get the pancake mix at thebrosourgourmet.com. We've got some flavors for you ... pumpkin spice, red velvet, buttermilk, and we've got some new stuff on the way!

Marcus: If you can't be good, be good at it. Come on! And if you guys want to see us live, go to straightghosting.com. Go check us out for a Straight Ghosting weekend in Savannah in October.

* * * * *

For more information about Dalen, Juwan, and Marcus, as well as *Ghost Brothers* and *Fright Club*, visit travelchannel.com/shows/ghost-brothers, discoveryplus.com, and [instagram.com/we_love_ghostbrothers](https://www.instagram.com/we_love_ghostbrothers). Follow @TravelChannel and @discoveryplus on Twitter and Instagram. ♦



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BY THE LINEUP

WHAT IS A SPIRITUAL WALK-IN?

By Emma Dunlop-Walters, All Things Paranormal

When a person dies, the soul leaves the body — and most experts agree that this is the time of death. But what happens if another wandering spirit is around at the time the body becomes vacant?

Another soul entering a body is something that a few people have reported after a near-death experience. This is a phenomenon known as a “walk-in.” They know a new soul has entered their body because they wake up with a new personality, tastes, and opinions.

The Case of Carol Parrish (1958)

A great example of a walk-in case is Carol Parrish. While giving birth, Carol had an allergic reaction to some medication she was given, which put her at death’s door. Carol said she remembers seeing a tunnel full of light, and when she woke up, her body was occupied by a new soul. Carol believes that her soul was exchanged with another during this time.

After the event, she had regular out-of-body experiences where she saw herself as a ghost. She also made a lot of changes in her life that were considered out of character by her family, including going back to school to study bookkeeping and getting a job as a bank manager. She said that these changes were made because the new soul wanted this.

Carol’s new personality didn’t sit well with her hus-



band, and they separated a few years later. Afterward, she started studying metaphysical religion so she could help other walk-ins.

Shari’s Walk-In Experience

Walk-ins don’t always happen at the moment of death. A woman named Shari asked a metaphysical healer to lay her hands on her. During the session, she reported feeling uneasy and she felt something pressing into her spine. As this happened, the room filled with bright lights and shapes.

After the experience, she realized that she was a different person, with a different name. She also struggled with basic tasks, including shopping, because energy fields overcame her. Her experience led to her dedicating her life to helping other walk-ins.

The concept of a walk-in is something that has seemingly appeared over the past few decades. Most people who experience this phenomenon claim that their soul was swapped for one that is more advanced. They retain the memories of their previous soul but there is no emotion attached to those memories.

While only a few cases of walk-ins have been reported, there are many theories around what they are. But as occurrences are so rare, the only evidence we have is from those who claim to experience it. ♦



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ONCE A SOLDIER, FOREVER A SOLDIER HAUNTED FORT SHERIDAN



BY RICK HALE, PSYCHICAL RESEARCHER

The latter years of 19th-century Chicago were marked by bouts of civil and labor unrest. The immigrant and working poor who made up the majority of Chicago became restless over their deplorable working and living conditions.

While Chicago's elite lived a life of leisure along Prairie Avenue, the rest knew backbreaking work and poverty. Chicago was a city that cared nothing for equality.

In the 1880s, this unrest caused workers to band together and create labor unions to battle the inequity they experienced. Passions ran hot, and violence would often break out. On one side were the workers who just wanted a better life, and on the other side were the police who were tasked with keeping the peace. One of the protests, dubbed the Haymarket Square Riot, was particularly violent.

Due to these violent outbursts, several Chicago businessmen felt a strong military presence near the city was a necessity. They wanted to make sure Chicago would no longer experience the chaos that was part and parcel of city life. So, in 1887, land was purchased in the nearby

town of High Woods and was named after General Philip Sheridan, a man who brought the city through the blazing inferno of the great fire of 1871. One year later, Fort Sheridan was opened.

Fort Sheridan Opens

When Fort Sheridan opened, it was home to the 6th Infantry Regiment, a no-nonsense group of soldiers. And with the opening of the fort came opportunity for civilians as well. The Chicago and Milwaukee electric railway ran through the town, and the tiny rural area grew overnight. Trouble would soon follow.

Illegal gambling dens and rowdy taverns opened, and alcohol-fueled fights broke out between soldiers and townies. To combat this growing problem, the Highwood Quadrangle was enacted, which made it illegal to sell liquor within a mile of the fort. Highwood was dry, and people would just have to live with it.

For over a century, Fort Sheridan was a training facility for two world wars and the Spanish American War. In 1993, the largest parts of Fort Sheridan were decommis-

sioned by the department of defense and sold to commercial land developers. The old buildings and officer mansions were refurbished and resold as a residential community. Although most of the former fort is populated by civilians, the Army still operates the Sheridan Reserve Center and a burial ground for officers.

With such a voluminous, century-long history, it should come as no surprise that Fort Sheridan is home to many spirits — ghostly entities that have been witnessed by civilian and military personnel alike.

The Lady in Orange

The apparition that is frequently witnessed in various areas of the old fort is the mysterious lady in orange. This ghost is said to appear around 5:30 in the morning near the community club building and the officer's club.

One morning, the Lady in Orange suddenly materialized before the shocked eyes of the soldiers in the mess hall. She vanished a few moments later.

Those who have seen her claim she is Mamie Eisenhower, wife of President Dwight D. Eisenhower. It's unclear why the former First Lady would remain at Fort Sheridan.

The Man in Blue

A number of years ago, a custodian in building 1, claimed to see the apparition of a young man in a blue Civil War uniform. The soldier silently stands in the

The Lady in Orange is spotted in various areas of the old fort.

basement forlornly staring up the stairs, according to the witness.

It's commonly believed he was a soldier killed in an accident shortly after the fort opened.

The Stocky Man

When the fort was under Army command, military police would often respond to an unauthorized entry in the hospital cellar. When they arrived, they found nothing.

It was reported, however, that the semi-transparent figure of a stocky man was seen near the cellar door.

The Phantom Nurse

The figure of a young woman in an old-fashioned nurse's uniform is said to appear in a top floor window of the hospital. She is said to stare blankly at people before vanishing.



**Fort Sheridan water tower and barracks complex (circa 1898).
On the opposite page: Fort Sheridan barracks.**

In addition, the ghost of a man killed in an accidental shooting during World War II has been seen roaming the halls of the hospital late at night.

Various Other Spooks

Joining the more frequently seen ghosts are several more. A rider on a spectral horse has been seen galloping down the roads holding a sword. The spirit of a small boy has been known to follow people around while trying to hold their hands. And the ghost of a blacksmith has been seen forging shoes for horses long since dead.

When I was a kid, my dad was stationed at Fort Sheridan, and I would oftentimes go to work with him. One day, while playing outside his office, I heard a voice say, "Hey, kid." As far as I could tell, we were the only people in the building at the time.

Fort Sheridan is an important part of the military history of our country, as well as Northern Illinois.

Thank you to the men and women who answer the call to serve our nation — past, present, and future. ♦

'DULCE WARRIORS'

A PARTING GIFT FROM TIMOTHY GREEN BECKLEY

By Sean Casteel, Spectral Vision

As the saying from many centuries ago declares, “In the midst of life, we are in death.”

Timothy Green Beckley, Tim Swartz and I were completely absorbed in the book project that was to become *Dulce Warriors: Aliens Battle for Earth's Domination*. It was the usual back and forth between new material, proofreading, and illustrating the various chapters and sections, a routine the three of us were used to after working as a team for nearly 20 years.

Then fate, Father Time, or whatever name you wish to call it, took Tim Beckley from us before the project was completely finished. As a tribute to our much-revered publisher and editor, Tim Swartz and I decided to complete the project — just the two of us — along with more than 20 other contributors.

The book opens with tributes from a few of Tim B's friends and coworkers, in which they offer memories of how Tim helped to guide their career and gave them an opportunity to explore various aspects of UFOs and other paranormal subjects.

Tim Beckley also authored the first chapter, entitled “A Terrifying Introduction: What Happened on Our Way to Dulce,” in which he presents a laundry list of frightful rumors about the underground joint human/alien installation reputed to be located in Dulce, New Mexico, which is near the Four Corners region of the American Southwest.

“When we speak of Dulce, we speak of: Monster Factories, Alien Cloning, Underground Tunnel Systems, MK-Ultra Soldiers — Disguised as Greys, Aliens Torturing Humans, Children Disappearing, Government Germ Warfare Weapons, Human and Animal Mutilations, and the Suicide or Murder of Numerous Researchers Associated With Dulce,” Beckley writes.



The underground base in Dulce, New Mexico, is allegedly an alien/U.S. military collaboration where unspeakable experiments on kidnapped human victims are taking place.



Archuleta Mesa on the Jicarilla Apache Reservation in New Mexico is the location of an alleged alien-human facility known as the Dulce Base.

A Scientist Stumbles Into the Unknown

But where did it all start?

Beckley felt the whole macabre saga started with an engineer by the name of Paul Bennewitz, who believed aliens were communicating with him over a radio receiver. He also observed and photographed UFOs flying over nearby Kirtland Air Force Base in Albuquerque, New Mexico, specifically the nuclear storage facility there, called the Monzano Storage Area, the country's largest underground nuclear storage facility.

Perhaps the most vocal and visible expert on the Dulce mysteries is Norio Hayakawa, who has written many articles on the subject and appeared numerous times on radio and television programs dealing with the town. Hayakawa says the proximity to Albuquerque is very important because it is where German scientists were first transferred in 1945, immediately after World War II, through the Operation Paperclip Program. In addition to German scientists, skilled intelligence officers were imported as well.

"Dulce is a location filled with mysteries that are still ongoing. I believe it is far more interesting than Roswell," according to Hayakawa. "Yes, Roswell was significant in that it is the alleged location of the crash of extraterrestrial vehicles in 1947. But, you know, that was it. But Dulce is something different. It is an ongoing thing that is still taking place."

Dulce has the highest percentage per population of UFO sightings, Hayakawa says. Almost the entire population has experienced a sighting of strange objects in the past three to four decades.

The Government Takes an Interest

But back to Bennewitz. The story goes that Bennewitz was a scientist living near Kirtland Air Force Base. In 1979, he began to observe the flights of mysterious objects from his home and to photograph them as well. When he attempted to report to official channels on the strange aerial activity he was witnessing, he immediately drew the interest of the government.

One theory is that the bewildered Bennewitz was seeing test flights of what are called Unmanned Aerial Vehicles (UAVs), pilotless aircraft that are remotely controlled either on the ground or programmed by onboard computer systems. Whatever the secret flights involved, the government did not want Bennewitz to know the truth.

It is alleged that the government brainwashed Bennewitz into believing that he was witnessing flights of alien discs over Kirtland Air Force Base. Bennewitz received a message somehow, either by radio or over his computer, saying that there is a secret base 150 miles north of Albuquerque in the mountains underground. Bennewitz was provided with the exact coordinates of this alien base, which, of course, turned out to be Dulce.

Bennewitz was never able to prove either the existence of aliens over Kirtland or the government's manipulations of his attempts to document the mysterious overflights. He sank deeper and deeper into an increasingly paranoid frame of mind, unable to cope with the bizarre scenario in which he had been ensnared.

Revealing Hell Itself

While Bennewitz's personal struggles certainly deserve our sympathy, his revelations about the underground base at Dulce were nothing short of spectacular. The rumors that have circulated since then are full of nightmare scenarios, like huge vats of human and animal body parts used in genetic experiments, perhaps in further efforts to create an alien-human hybrid species or an even stranger chimera that is part human and part animal.

It is speculated that the government and the aliens may be working to create a "perfect soldier," one that is capable of fearlessness and obedience beyond that of a normal GI grunt.

Additionally, there is the case of a female abductee who claimed that she was in one of the lower sections of Dulce when an alien walked right through the wall and raped her. That kind of forced copulation may also be a component of the genetic experimentation said to take place in Dulce, the goal being to impregnate the human female with alien seed and see what is produced, a scenario already familiar from other stories of abduction.

Both Humans and Aliens Take Up Arms

Bill Birnes, the noted author, researcher, and television personality, says he doubts that Dulce has any genuine alien presence. But he did pass along what has become an incident repeatedly referred to in discussions of Dulce, the "Firefight at Dulce."

"The story goes that way back in the 1980s," Birnes said, "the extraterrestrials were giving a lecture to some scientists. In that demonstration, a lot of the scientists were getting sick because of what the aliens were doing. So some of our military guards, who were prohibited from entering the area and prohibited from carrying any kind of weapons into the area, suddenly burst in to protect the scientists.

"And the aliens reacted," Birnes continued, "by basically turning their weapons on the security guards, killing them. Some aliens were killed and some scientists were killed. Supposedly, we all worked very hard to try and patch it together so there wouldn't be any more incidents like that."

Dulce Warriors also contains chapters with other similar real life sci-fi overtones and the stories of whistle-

blowers who have since died, many under suspicious circumstances.

What Secrets Died With Him?

Tim Swartz provides the story of Phil Schneider, who claimed to be an ex-government structural engineer who was involved in the building of underground military bases around the country. Schneider also said he was one of only three people to survive the incident between the alien greys and U.S. forces that Bill Birnes describes above.

For two years prior to his death, Schneider had been on a lecture tour talking about government cover-ups, black budgets, and UFOs. His ex-wife, Cynthia Drayer, believes that Schneider was murdered because he publicly revealed the truth about the U.S. government's involvement with UFOs, which he said dated back to the Eisenhower administration.

To get the details of this fascinating story, as told by Swartz with the assistance of Drayer, it is probably better to read the chapter in the actual book, which will provide much more spine-tingling detail than is possible in this article.

In guiding Tim Swartz and me through the editorial process, Tim B. displays his usual sure hand in selecting the people to contribute their work to the book, as well as

covering the subject of Dulce thoroughly and with a vast array of on-the-scene participants, rumors, and researchers. People who are unfamiliar with the subject of Dulce will get a valuable education in the subject, and it will likewise be appreciated by those who have heard some of this before.

When Tim Swartz and I put *Dulce Warriors: Aliens Battle for Earth's Domination* to bed with the printer, we agreed that Tim B. would be proud.

Suggested Reading

- *Dulce Warriors: Aliens Battle for Earth's Domination*
- *The Dulce Wars*
- *Underground Alien Bio Lab at Dulce: The Bennewitz UFO Papers*
- *Alien Strongholds on Earth: Secret UFO Bases Exist All Around Us*
- *Timothy Green Beckley's UFO Spin Doctors* ♦



Tim Beckley visits with a friend in Sedona.
(Photo by Charla Gene)

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The Yellowstone Winged Snakeman

BY PAUL DALE ROBERTS, HALO PARANORMAL INVESTIGATION

When my wife, Deanna Jaxine Stinson, lived in Deer Lodge, Montana, she visited Yellowstone National Park. As a psychic medium, she was drawn to the park and ended up exploring it at the Montana, Wyoming, and Idaho sides.

It seems that Yellowstone National Park, like many other national parks, is very mysterious and there seems to be some kind of paranormal connection. While visiting, Deanna was able to see Native Indian spirits from long ago. While she came across many other spirits in the park, she also felt an extraterrestrial presence.

The park does have many reports of UFO sightings. And I personally believe that because of the volcanic activity at this park, it is a “UFO gas station,” a place where UFOs can acquire energy for their aerial crafts. UFOs are known to be attracted to active volcanoes, and many ufologists believe that volcanoes are an energy source for UFOs. There is a lot of good footage of UFOs hovering in different locations at Yellowstone.

The park has had its share of people going missing; for example, Stuart Isaac in 2010, Bruce Pike in 2006, and Daniel Campbell in 1991. These men turned up missing and were never seen again. The search parties did not find their backpacks or any clothing. They simply vanished. Could they have been abducted?

A Family Spots Strange Flying Creature

On March 11, 2022, I received a call from Chester Gorham of Grand Forks, North Dakota. He had an interesting story to tell me. In 1994, Chester and his family were on a hiking trail in Yellowstone National Park, when his 12-year-old son observed a strange figure in the sky. He started pointing to the sky, and what Chester and his family saw was a strange humanoid figure.

This humanoid figure had grayish green scaly skin. The head looked like a snake’s head. The creature had



what appeared to be bat wings. The hands on the creature were claw-like. The bottom half of the creature was a long snake-like tail. The flying creature slowly moved across the sky and went over a hillside, at which time it flew out of the family’s view.

I asked Chester why he decided to finally report the sighting after all these years, and he explained that at the time he didn’t want people to think he was crazy. Plus, he didn’t want his kids to get bullied in school. Now that his

kids were adults, he felt he needed to tell somebody, so he called the Halo Paranormal Investigations hotline to tell his story.

I let him know that in Mexico, there have been a rash of flying humanoid sightings. A YouTube video went viral of a flying humanoid in the city of Mexicali in the state of Baja California. Many skeptics believe that the sightings could be a group of balloons floating in the air that are tied together.

I asked Chester if he believed that his sighting in 1994 was a group of balloons. But he stated that his flying humanoid was about 400 yards away in the air and he could make out the details. He confirmed that the flying humanoid he and his family saw was like a man snake with bat wings.

I found this description to be interesting, because a police officer in Mexico claimed he had a close encounter with a flying humanoid that looked like a wicked female witch or an evil female demon.

Deanna's Paranormal Encounters

During Deanna's exploration of the park, she felt strong residual spirit energy of the Nez Perce, Crow and Shoshone tribes. She also saw ghostly trappers along the river bed.

*The flying humanoid
looked like a man snake
with bat wings.*

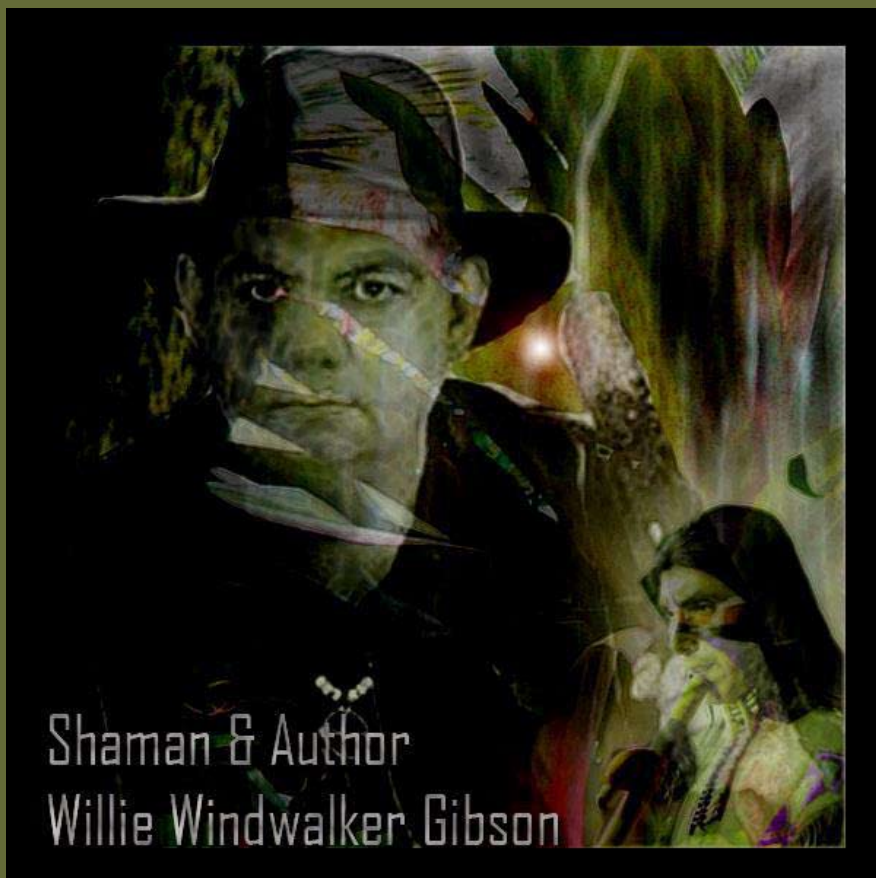
Deanna says that there is strong residual energy of the native Indian population that resided in Yellowstone many years ago, and the spirits of mountain men and trappers are all over the place. Deanna encountered a ghostly trapper that placed his hand on Deanna's shoulder, smiled, and told her to watch her step.

One interesting story about the park came from 1806, when John Colter, who was a member of the Lewis and Clark expedition, left the expedition and joined some fur trappers.

Colter reported seeing a place of fire and brimstone. He called this place Colter's Hell.

Then other mountain men and trappers reported the same thing. They reported boiling mud, steaming rivers, and petrified trees. Most people hearing these stories thought they were made up, that the stories were merely myths from storytellers. Mountain Man Jim Bridger was known to be a spinner of yarns, so when he told people about the boiling springs, sprouting water, and a mountain of glass and yellow rock, they thought he was simply lying.

Yellowstone National Park is a very mysterious park. But it seems that most national parks are mysterious and they have high strangeness. It has UFO sightings, ghost sightings, and flying humanoid sightings. ♦



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THE HOSPITAL VISIT

By T Stokes, Holistic Palmist

Some dreams are so vivid that they stay with you all day. In my dream I visited my local hospital, a place I know well. But this visit was very different.

Hospitals are sad places where the sick are treated, but everyone I passed was smiling and saying hello to all they passed. I thought that this must be some kind of friendship day.

A man stood with a big, comfy armchair in the middle of the corridor and was inviting people to sit in it and have some spiritual healing. As I looked, he said to me, "Of course, you are not quite ready for this yet."

I wondered what he meant and passed on to look into a small ward, where I recognized a lady there. I called out, "Hi, Andrew."

As she looked at me, she said she only arrived today. Gone was her beautiful face and in its place she looked pale and gaunt and wore a hospital gown.

A little perturbed, I hurried past to come across about 50 small children sitting on the floor singing a song. Halfway through they stopped, clapped their hands a couple of times, and carried on. When they finished, they all waved handkerchiefs in the air.

How absolutely delightful I thought.

I then saw a room packed with people who were not smiling. They looked confused. Then I saw the sign above the door: NEW ARRIVALS. People seemed to be fussing over them, and I felt looking at them was somehow intrusive.

I next passed a small ward where I recognized the doctor. She was sitting at a piano playing for patients. It crossed my mind that she must have died years ago, but look how young she looks. She was tall, stern, and no nonsense, but here she was smiling.

What on earth is going on here, I thought. And then a thought occurred to me, it was like an



avalanche in my head. Of course, all these people were dead.

I felt all these folks had stayed on to help. Experts tell us our world is as an onion, with many layers. Peel away one, and there are others, all separate but touching. And each layer is a dimension. As the master said: "In my house there are many mansions."

I had been privileged to visit just one. ♦

[illegible]

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THE ELK GROVE INVESTIGATION: VISHNU IS SUMMONED

BY PAUL DALE ROBERTS, HALO PARANORMAL INVESTIGATION



Mr. G hears disembodied voices and footsteps and has been touched by an invisible spirit.

On May 6, 2022, our team arrived at a very interesting paranormal investigation in Elk Grove, California. Our client, Mr. G, asked to remain anonymous. The activity that the family were experiencing included hearing disembodied voices and footsteps throughout their house. Mr. G, who works at a hospital, believes he may have been followed home by an entity.

He hears the entity going into the bathtub and always feels something around him, watching him. When he lies in bed, he feels an unseen body pressing up against him. And the entity will press two fingers on his body as if trying to wake him up. He also sometimes feels something crawling on his leg.

Mr. G is Hindu, and when he had a housewarming party, the activity picked up. Soon after, he felt a tug on the bed. And he believes a female entity sat on his chest

while he was lying in bed (this could be indicative of the Old Hag Syndrome). He asked me to bless the house after the investigation.

Calling Upon Vishnu

Knowing that my client is of Hindu faith, I prayed to Vishnu at my home before arriving to my client's home. Vishnu is a prominent figure in Hinduism because of his unique nature and reincarnations and, thus, continues to be worshipped today.

Vishnu symbolizes the preserver, the protector, and the sustainer of the world created by Brahma, as well as the law of the Vedas.

The Investigation

Equipment Specialist and Psychic Medium Ryan Pri-

vee joined us for the investigation, and he received a lot of intelligent responses on his spirit box. The client also received many intelligent responses on his ghost app.

Ryan asked the spirit something personal, and it replied, "Secret." Ryan mentioned angels, and the ghost app replied, "Satan." The client asked what woman ghost was in the house, and the ghost app replied, "Isabella."

Ryan's huge assortment of equipment was lighting up all over the house, and this happened a few different times. At one point, Ryan was scratched on his leg. Both Ryan and I also felt dizzy when we first walked into the house. It felt as if we were falling down a flight of stairs. It was a strange feeling.

Ryan and I heard a strange crackling noise that originated from the bathroom. And I captured three EVPs. One was a Class A EVP: I asked the entity what his name was, and a male voice replied, "Ruker." The other EVPs included Ryan asking the spirit a silly question and the spirit replying,

"Idiot!" ... and when I asked if Isabella was around, we heard a female respond — and there were no females in the house.



Ryan's huge assortment of equipment was lighting up all over the house.

The Cleansing

I conducted a modified Roman Catholic cleansing, since my client is Hindu. I not only blessed the house, but I blessed the client and Ryan. After the cleansings, Ryan found a red flower on one of his suitcases in his car. Possibly a sign from Vishnu? Ryan did say that after I blessed him with holy water, he felt a negative energy lift off of him.

When I started the cleansing, Ryan and I heard a whooshing noise and a female voice. Then after the cleansing, the spirit box stopped acting up.

Special Note: When Ryan got home, something tugged on his shirt. Did an entity follow Ryan home from the investigation, or did an entity follow Ryan home from the Franklin Cemetery, where he had stopped by after the investigation. ♦

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Feng Shui Quick Tip for Prosperity and Abundance

By Karen Frazier, AuthorKarenFrazier.com

Want to bring more prosperity and abundance into your life? Try adding a money tree, which is the plant *Pachira aquatica*, to the southeastern sector of your home or any room. You can also add them to the southeast sector of your office or small business for work abundance.

The money tree pictured on this page is one of mine. I have three because I think they're cool — I love the braided trunks and the structure of the leaves. It sits in the southeastern sector of my home and of my living room in an eastern-facing sunny window. I have another in a south-facing sunny window and a third with southwestern exposure but away from the window.

You'll notice I've also tied a red cord around the braided trunk. The cord has three feng shui prosperity coins tied with a mystic knot on it to further reinforce the theme of abundance.

Pachira aquatica are relatively easy to find and care for. I've seen them at floral shops, online, and even at Home Depot in the plant department. Look for a specimen with healthy olive-green leaves and braided trunks without any obvious wounds to them. The trunks are braided when the plants are young and pliable so it doesn't harm them.

How to Care for Your Money Tree

To care for your money tree, place it in well-drained soil in indirect indoor light. Too-bright direct sunlight can burn the leaves. Water it until water runs

from the bottom holes once or twice a week when the soil starts to dry up. I tend to water mine every four to five days.

Money trees also love humidity, so spritz it daily with water or place it with other plants grouped around a humidifier set on low. Make sure the plant never sits in standing water, which can cause root rot and kill the plant. Empty water from the water tray when it collects after watering.

Transplant your money tree into a larger container every few years. This is easy to do because the root system of the tree is very close to the trunk and doesn't root deeply into soil.

You can fertilize your money tree three to four times each year, but don't overdo it.

That's it. These plants are wonderful and they can bring plenty of abundance juju to your home. They also help improve interior air quality, and they're lovely to look at. Mine have flourished in my home. Expect to pay about \$30

to \$50 for a good-sized tree or about \$10 to \$20 for a smaller plant. ♦



This is my money tree. I have three placed strategically around my home.



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I can't wait to connect!



5 WAYS TO CELEBRATE THE MAGIC OF MABON

By Dr. Athena Perrakis, Sage Goddess



Here we are, gathering together for another beautiful fall season! Turning the Great Wheel once again, we say our grateful goodbyes to the golden days of summer and a heartfelt hello to autumn here in the Northern Hemisphere.

Autumn in magical traditions is a powerful time of deep spiritual communication. Mabon, or the fall equinox, is a significant step into this season of transformation. We celebrate the lengthening of night and darker days that draw us into a more reflective phase when we can reflect on the year and acknowledge what we have grown and released.

The autumnal equinox is one of two dates in the year when day and night are of equal length. It's an energetic cusp of perfect balance, and as we cross over, we step into the shadowy half of the year. The days grow shorter, the nights grow longer, and the leaves on trees begin to change colors, reminding us that we, too, are going through changes.

In this article, I'm so excited to share five ways to celebrate the magic of Mabon with you.

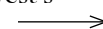
1. Express Gratitude

Mabon is a time to express gratitude, complete projects, and honor the moment of balance. You can celebrate this Sabbat by simultaneously appreciating the harvests you have joyfully reaped and remembering the ones that sadly did not come to fruition.

Before the holidays arrive, enjoy the sweet fruits of your labors. You've worked so hard. And even if all you sought this year did not come to pass, SO MUCH did, and you need to take a moment to celebrate that, even the small harvests that you think aren't significant. They're still something that you carried from intention to manifestation with your passion, patience, and faith.

2. Release What No Longer Serves

While you are gratefully focusing on your harvest's



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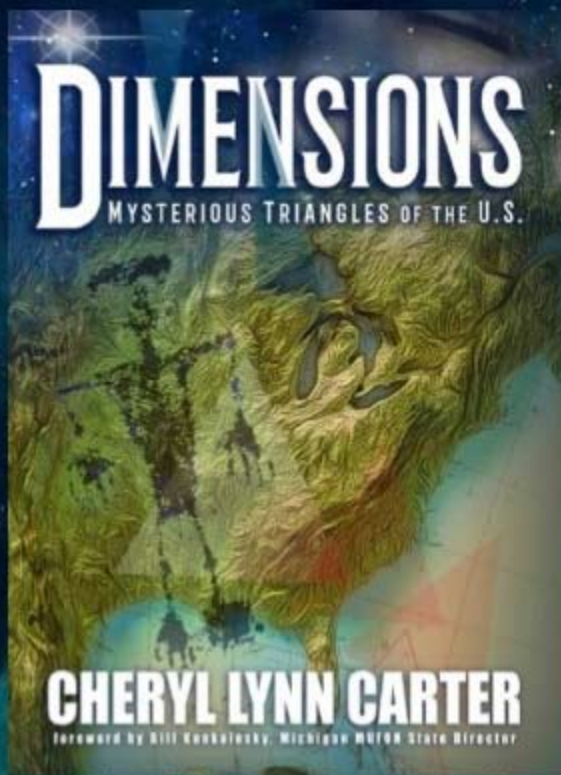
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juicy, abundant yield, remember that it's equally important to acknowledge what died on the vine. It's OK, down-right healthy, to grieve for the crops that bore no fruit. Recognize your efforts and reflect on the choices that led to those results.

Is there anything you might want to do differently the next time? Instead of looking for what you “did wrong,” view it as an opportunity to learn more about yourself and the parts of your life that you seek to change. You're a human being, gloriously messy and bursting with complexity and contradiction. You can't get it right every time. Like nature, you're not perpetually in balance, nor are you supposed to be.

At Mabon, you're reminded that nature is only in balance twice a year, that you can observe your decisions without harsh judgment and in the quest for more profound and constantly evolving wisdom.

3. Create a Mabon Altar

This Mabon, you may feel called to create a sacred altar space to honor the season. Your altar could be a simple shelf, table, or cabinet, or it might be something more elegant and elaborate. You can locate your altar inside your home or outdoors. Choose a spot that feels right for you.

Incorporate items into this space, such as autumn leaves, a cornucopia of fruits and seeds, pinecones, pumpkins and gourds, and anything in the colors of this holiday, such as brown, copper, orange, and red.

4. Work With Crystals

Crystals emit energetic vibrations that impact how you

feel, sense, and interact with your environment — and you can add them to your Mabon altar, create a Mabon crystal grid, or hold them in meditation to strengthen your connection with this season.

Some good crystals to work with for Mabon are carnelian, citrine, and fire opal. Carnelian is empowering, increases energy, and enhances endurance and stamina. It turns on desire, brings optimism, and reminds you that you're divinely alive.

Citrine is a powerful manifestation stone, and its sunny and bright disposition imparts wonder, delight, and enthusiasm. It increases your levels of empowerment, self-esteem, and confidence to help you fully recognize all of your shining, special attributes.

Fire opal awakens passion, increases vitality, enhances kundalini energy, and heightens intensity and pleasure in your experiences.

Fire opal is a sacral chakra stone that stimulates change, invokes optimism, and encourages bravery, especially during times of transition. It brings protection and fire medicine, enabling you to remain open, rise above the circumstances of your life, and awaken your own personal fire.

5. Keep Harvesting

Remember: The late harvests still count, and you're not done yet! In winemaking, which is what my family did for decades in Crete before the war came and their crops were destroyed, the sweetest wines come from the last grapes pulled off the vines.

That late-harvest wine is like thick honey syrup, and your continued efforts will infuse the fruit of these later days with their blend of flavors and aromas. If you aren't ready to bring in your crops just yet, go ahead and take a few more weeks. What you yield then will likely be sweeter for the delay.

At this point, you'll be ready to step fully into shadow season and encounter the darker aspects of yourself with acceptance and a higher level of awareness.

Finally ...

Remember, the dark is another part of the light, not inherently wrong or evil. We all need to acknowledge and integrate the many levels of our being to be whole and live from that place of total acceptance and aliveness.

On September 22, 2022, we celebrate this sacred holiday, give thanks for the abundance of the growing season, and prepare ourselves for the cooler months of winter. ♦

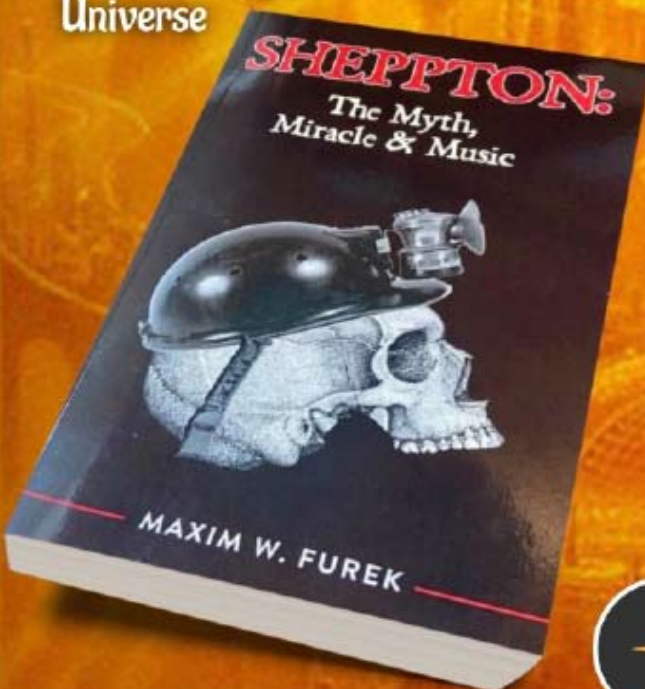
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USING INTENTION FOR SPIRITUAL PRACTICES

By Willie Windwalker Gibson

I've been a shaman for a lot of years, and I'm often asked for advice on many interesting practices. One is how to use intention in spiritual practices. You can place intent on anything. For instance, specific intentions can be infused into a crystal's energy just by thinking your intention. And that energy stays in the crystal until you clear it of that intent.

You can also use intention to create and activate a medicine wheel. For this practice, you need to know what you want to use the wheel for. Is it for healing? Is it for protection? Intent means a lot when placed on a medicine wheel ... or anything else, for that matter!

If you build a medicine wheel of stones and you want to place a protection intent for someone, you can place a picture within that wheel and place the intent of healing for that person ... and then send it. When you build the wheel, remember to place a prayer to keep evil entities from coming through. Anything you place intent on, make sure to do that prayer.

When you're done using the wheel or crystals for the intended purpose, remember to cleanse them of the intent. This will allow you to later reprogram the objects. People sometimes ask if this is spell work. No, it's not. Intent is a strong prayer that sends Christ's light out.

Did you know that if a spell is placed against you of ill will, you can rebuke it with a good-intent prayer sent to deflect that spell. Good always repels evil — light over dark.

There is a lot of evil energy lurking about, so it's important to know how to deflect it. Mother Nature can give you the tools to do this — earth, wind, fire,



water ... God's tools will do this. You don't need a shaman to do this. All you need is faith and Mother Nature's tools. Energy is very powerful!

I once had a dark witch send a dark energy to hurt me and my family. He sent word that he did this and would enforce the energy spell daily. So, I made a huge medicine wheel in my back yard. I placed a mirror within the medicine wheel, splashed it with holy water, and I asked the great spirits to reverse the energy and send it back to the evil person who sent the spell against my family.

A week later, I heard that the person had packed up his house and moved. The spell was broken just by doing a simple practice of intention. I don't go looking for spirits fights, but I do know how to end them.

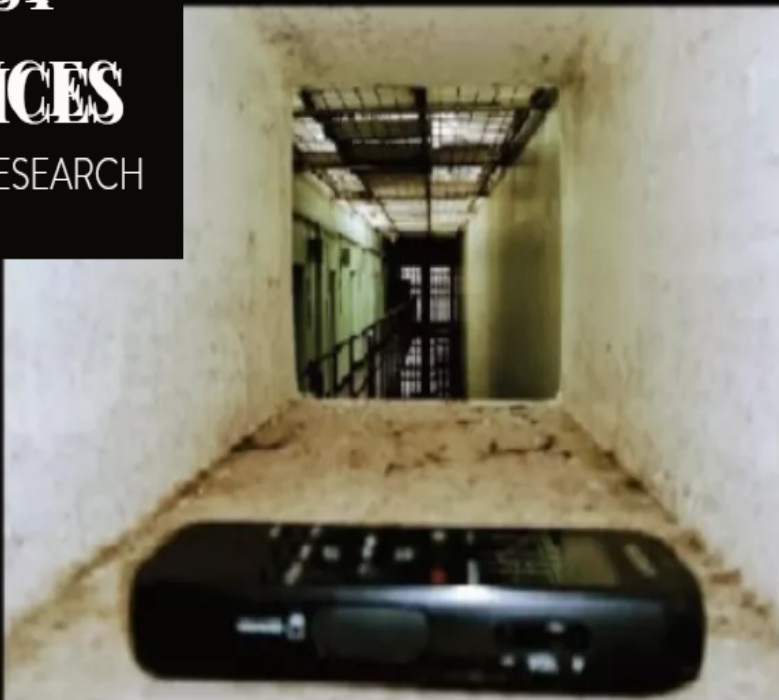
Remember, if you want to send intent to someone, make sure it's pure intent. Do not hurt. Send loving energy. ♦

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